



AFTER YOUR LEEP (DISCHARGE INSTRUCTIONS)

ACTIVITY:

Resume your daily activities gradually, you may return to work in a couple of days if you are feeling well.

NUTRITION:

Resume your usual diet. Drink plenty of fluids and eat light meals the day of your procedure.

HYGIENE:

You may shower.

Do not place anything in the vagina i.e.: tampons or douches for 4 weeks.

Do not have intercourse for 4 weeks.

CARE:

After the procedure, you may have

- Some mild cramping
- Pinkish, watery discharge
- Brown-black discharge (from paste used)

CALL YOUR DOCTOR OR GO TO THE NEAREST EMERGENCY DEPARTMENT IF:

- You have heavy vaginal bleeding
- Bleeding with clots
- Severe abdominal pain
- You have a fever greater than 38 degree C
- You have foul smelling vaginal discharge

FOLLOW-UP:

Make an appointment to see your physician post-operatively in 2 weeks. You will need to have a Colposcopy in 3 months.

DRIVING:

You may not drive a motor vehicle, operate machinery, drink alcohol or make legal decisions for 24 hours after your surgery.

If you require general information or any questions and you are not able to contact your Doctor. Please call:

Health Link Alberta

Call toll free:

1-866-408-LINK (5465)

Edmonton: 780-408-LINK

Calgary: 403-943-LINK